



Pennsylvania Sleep Society

Member Newsletter

Volume 1, Number 1

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Anoop Karippot MD FAASM RPSGT

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Patricia Quinn-Dempsey REEGT REPT RPSGT

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Marcy Guido-Posey RPSGT

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Michael Grandner PhD

Susan Swoyer McAtee BS RPSGT

Michael Misero RPSGT

Nirav Patel MD MPH

Eric Shakespeare MD

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Welcome Letter from the President

by Anoop Karripot MD DABSM DABPN FAASM RPSGT



Welcome to Pennsylvania Sleep Society. As its President, I have the great honor to lead PSS into the 3rd year of its remarkable existence. We are proud to have a Society representing physicians, sleep technicians, researchers, nurse practitioners, physician assistants, psychologists, dentists and others interested in the field of sleep medicine. Our membership has grown exponentially with members from every corner of Pennsylvania.

As I understand, one of the foremost goals of the Pennsylvania Sleep Society is to provide a forum for the exchange of information pertaining to sleep and sleep related disorders and to increase public awareness. I am thrilled to report to you that we had an overwhelming response to the 2nd annual meeting. The meeting had great speakers and an outstanding audience. A tremendous amount of information was exchanged on how sleep medicine is practiced in our region. Currently, we are in the planning stages for our next meeting in May 2011. We are striving hard to make it affordable and to enlighten your eager minds. I am humbled by the effort, enthusiasm and energy of our Board of Directors to make this possible. I also express my sincere gratitude to the vendors and sponsors who supported PSS.

As a young society, we are at the forefront facing several challenges that define the way we understand and practice Sleep Medicine in Pennsylvania. We are working closely with AASM, AAST and other national and regional organizations in regards to certification, legislative issues, scope of practice and other issues that influence the field of Sleep Medicine in Pennsylvania. As a response to the request from the general membership, We have now formed 4 Core Committees for the PSS. (1) Annual Meeting Committee (Chair - Patricia Dempsey), (2) Legislative committee (Chair - Michael Misero), (3) Education Committee (Chair - Michael Grandner) and (4) Membership Committee (Chair- Susan McAtee).

The coming year will present many opportunities and challenges for the Pennsylvania Sleep Society. I look forward to working with you to face the challenges and move our society forward. I encourage you to volunteer and become involved with the PSS. The strength of this organization depends upon your efforts. If you wish to become more involved in the PSS contact the chairs of each committee or e-mail me at karippot@gmail.com.

The Board and I wish Happy Holidays to all our members and friends.

Sincerely,

Anoop Karripot
President of the Pennsylvania Sleep Society

Meet the 2010-2011

Board of Directors

by the PSS Board of Directors

President

Anoop Karippot



Dr. Anoop Karippot is the President of Pennsylvania Sleep Society and one of its founding members. Dr. Karippot is the Medical Director of

AKANE Sleep Solutions, Inc. He practices sleep medicine in Greater Harrisburg area and Lancaster, PA. He is associated with Pinnacle Health with their sleep laboratories in Harrisburg and Mechanicsburg.

Most recently he held the position of Medical Director, Pediatric Sleep Medicine, Sleep Research and Treatment Center and Medical Director, Restless Leg Syndrome Clinic at Penn State University Hershey Medical Center, Hershey, PA. He is an adjunct Assistant Professor at University of Louisville School of Medicine, Louisville, KY. He is an active fellow of the American Psychiatric Association and American Academy of Sleep Medicine.

Dr. Karippot has held staff positions and faculty appointments in Sleep Medicine, Psychiatry and Child and Adolescent Psychiatry at Penn State

University Hershey Medical Center and Pennsylvania Psychiatric Institute. He is board certified in Sleep Medicine, General Psychiatry and Child and Adolescent Psychiatry. He is one of the few physicians certified in Behavioral Sleep Medicine and is also certified as a Registered Polysomnographer (RPSGT). He is an active member of the Standards of Practice Committee of the American Academy of Sleep Medicine. He has numerous publications, abstracts, book chapters and oral presentations to his credit on various topics in sleep disorders. His special interests include sleep apnea in children and adults, restless leg syndrome, sleep in special needs population like ADHD and Autism, insomnia and nightmares.

President-Elect

Marcy Guido-Posey



Marcy Guido-Posey has been a sleep technologist since January 1996, boarded in December 1999. She is currently the Coordinator at Holy Spirit Hospital Sleep Center. Marcy

is active in sleep education, promoting community awareness in sleep during National Sleep Awareness Week, education of patients and staff, teaching Respiratory Therapy students their sleep module, and has also given a "Basics of Sleep" presentation to staff at Walt Disney World.

Marcy is a founding Board member for the Pennsylvania Sleep Society and is also serving on the Board of Directors for the North East Sleep Society, as the Pennsylvania representative.

Past President

Patricia Quinn-Dempsey



Pat Dempsey became involved in the field of neurodiagnostics after completing a degree in Biology. She has worked in

the field of neurodiagnostics for 35 years and specifically in the field of sleep medicine for 15 years.

She is manager of Neurodiagnostic Services at Chambersburg Hospital. The hospital sleep Lab has three locations throughout the Cumberland Valley.

Pat served as the first President of the Pennsylvania Sleep Society and remains on the Board of Directors as Immediate Past President. She is also the Chair of the Education committee.

Secretary-Treasurer

Benjamin Gerson



A graduate of the Jefferson Medical College, Dr. Gerson completed residency and fellowship training at The Johns Hopkins Hospital and Johns Hopkins

University School of Medicine. His academic career started on the faculty of the Harvard Medical School. Presently he is Adjunct Professor of Occupational Medicine - Boston University School of Medicine, Clinical Professor of Medicine as well as Clinical Professor of Pathology and Cellular Biology - Jefferson Medical College, Medical Director - University Services, a multidisciplinary healthcare services company that includes the operation of AASM-Accredited Sleep Disorders Diagnostic and Treatment Centers. University Services also is actively involved in ongoing clinical trials.

Dr. Gerson's current clinical research interests include the connection of sleep disorders to the obesity and diabetes epidemics, as well as the connection of sleep disorders to transportation safety.

Other current and past activities include: Board of Directors and Secretary/Treasurer, Pennsylvania Sleep Society, Director - Boston Clinical Laboratory; Expert Panel,

Monitoring Preventable Hospital Complications by using Hospital-Acquired Laboratory Abnormalities as Indicators of Poor Quality, Department of Veterans Affairs; CLIA Quality Control Committee, CDC; Chairman - ASCP Residents' In-Service Examination; Board of Directors of the Substance Abuse Professional Administrators Association; Board of Directors of the Medical Review Officer Certification Council; former Chairperson of the Clinical Devices Panel for the FDA; Institutional Review Board, New England Deaconess Hospital (Harvard Medical School). Dr. Gerson has served on Boards of Directors and/or Scientific Advisory Boards of various companies. Community activities include Board of Directors and Governance Committee, Settlement Music School; Commission on Judicial Selection and Retention, Philadelphia Bar Association.

Director

Michael Grandner



Dr. Michael Grandner is a Fellow at the Center for Sleep and Respiratory Neurobiology at the University of Pennsylvania, within the Division of Sleep Medicine, in the Department of Medicine. He joined the CSRN in 2007 to work with Dr. Allan Pack to study relationships among sleep, health and longevity.

While earning a Bachelor's degree in Clinical and Social Sciences in Psychology from the University of Rochester, he worked at the

Rochester Sleep and Neurophysiology Laboratory with Dr. Michael Perlis and Dr. Donna Giles. He went on to earn a doctoral degree from the Joint Doctoral Program in Clinical Psychology at San Diego State University and the University of California, San Diego, working with Dr. Daniel Kripke at the Circadian Pacemaker Laboratory. He completed an APA internship with the Behavioral Medicine service at the San Diego VA Healthcare System and Outpatient Psychiatric Services at UCSD.

His research explores how sleep and sleep-related behaviors are related to health outcomes such as longevity, mental health, obesity, diabetes, and cardiovascular disease. Research projects currently involve investigations at the laboratory, individual, community and population levels.

He is the author of a number of scientific publications and his research has been profiled in over 200 national and international news outlets. He is recipient of two separate Outstanding Professor Awards for work as a statistics instructor, and continues to be involved at the national level, contributing to efforts for the American Academy of Sleep Medicine, Sleep Research Society, and Society of Behavioral Sleep Medicine. He currently serves on the Board of Directors of the Pennsylvania Sleep Society, after having been a member of the original organizing committee.

Director

Susan Swoyer-McAtee



Susan Swoyer McAtee began her career in sleep medicine at the University of Cincinnati in 1986.

At the same time she started work at the VA Hospital in Cincinnati, in Sleep Medicine research, studying the relationship between Vietnam vets and night terrors.

Susan is currently the manager of a Neurophysiology Lab, and does sleep training and education for a Sleep Lab in suburban Philadelphia. She also teaches in her field at the local community college, and attends informational/educational community events throughout the year promoting the benefits of Sleep Medicine. She also travels to remote areas in the United States to teach in her field.

Susan is a founding member of the Pennsylvania Sleep Society.

Director

Michael Misero



Michael Misero is Director of Operations at University Services Sleep Disorders Centers and oversees operations

at their six locations in the Philadelphia suburban area.

Michael's background is in psychology and has completed programs at Drexel University including those in Neurophysiology. He has worked as a technician and manager performing EEGs, Evoked Potentials and Polysomnography for the last 18 years. He has been involved in many projects over the

years to grow the professional standards within the field and at the companies he has worked. He has been involved in numerous successful sleep center accreditations and given talks on the subject of sleep technology to both professional and community organizations. He currently holds the RPSGT credential in the field of sleep medicine.

Director

Nirav Patel



Dr. Nirav Patel is currently an Attending physician at Respiratory Specialists and is on staff at The Reading Hospital and Medical Center in

Reading, PA. He received his medical degree from Guy's, King's and St. Thomas' University Medical School at King's College, London, England.

He transitioned to the USA several years ago to complete and Internal Medicine residency at Albert Einstein Medical Center in Philadelphia. Subsequently, he completed specialty training in Pulmonary Disease and Critical Care medicine at the Hospital of University Pennsylvania. Following this, Dr Patel accepted a post-doctoral position at Penn's Center for Sleep and Respiratory Neurobiology. During this time, he also received a Masters degree in Public Health from the University of Pennsylvania. Dr Patel joined the Faculty at Penn as Assistant Professor of Medicine in the Divisions of Pulmonary, Critical Care Medicine and Sleep Medicine.

Recently, he moved to Reading, Pennsylvania.

Dr Patel is board-certified in Sleep Medicine, Pulmonary Disease, Critical Care Medicine, and Internal Medicine. He was elected Fellow of the American College of Physicians and is a member of the American Thoracic Society, Society of Critical Care Medicine, and American Academy of Sleep Medicine.

He is well-published in sleep medicine, pulmonology, and critical care medicine and has presented his research on sleep and public health in a variety of arenas. He has served as a reviewer for several journals and was the primary organizer of the national "Population Sleep" symposium held in 2008 at Penn. He has been very active in advocating for sleep as an important health issue at the local, regional, and national level and has engaged members of local government, experts in the CDC, and senators and staff members on Capitol Hill to become motivated about the importance of sleep and sleep disorders in society. He is a keen educator to health care providers, medical trainees, and the public.

Director

Eric Shakespeare



Having completed fellowship training and board certification in Pulmonary, Critical Care, and Sleep Medicine at The University of Miami,

I am starting in private practice with a strong and particular interest in sleep medicine. I am a co-

director of the sleep laboratory at Montgomery Hospital in Norristown, Pennsylvania and have become a leader there with regard to implementation and updating protocols and technology offered at our lab. My practice is a majority of sleep in the outpatient setting encompassing the full spectrum of sleep disorders. Throughout my residency and fellowship career, I was active in the academic environment with participation in research and education of technologists, students, residents, fellows and now colleagues in subspecialty areas of interest. The most recent opportunity is a presentation exploring adaptive servo ventilation at the second annual meeting of the Pennsylvania Sleep Society. In order to maintain an active role in education and leadership within the local and broader sleep medicine community, I would enjoy serving on the board of the Pennsylvania Sleep Society (PSS). This new organization has tremendous potential within a large state containing strong academic institutions as well as thriving medical communities in a time of rapid development in our field. I hope to grow with PSS while helping the sleep medicine community in Pennsylvania become a strong source of education, communication, and leadership.

Report from the 2nd Annual Meeting

by Susan Swoyer McAtee BS RPSGT

The 2010 Pennsylvania Sleep Society's 2nd annual meeting was held in Hershey, PA. We had six informative speakers, and the feedback has been very positive. The following are the speakers and a brief overview of their presentations:

Martin Scharf PhD



Dr. Martin Scharf, PhD, from TriState Sleep Disorders Center in Cincinnati, Ohio spoke to us about the interaction between sleep and pain, and how to interpret observations from the sleep EEG that provide treatment directions in pain patients. Dr. Scharf also described the role of non-restorative sleep in pain sensitivity.

Eric Shakespeare MD

Dr. Shakespeare from Montgomery County Asthma and Lung Center in Norristown, PA discussed Adaptive Servo-ventilation and Cheyne-

Stokes Respirations. His presentation covered pathophysiology and polysomnographic findings of Cheyne-Stokes respiration.



He went on to discuss the theory behind automatic servo-ventilation and compared an analysis of selected, recent data to support and refute the use of CPAP and BiPAP modes in the presence of central sleep apnea.

Karl Doghramji MD

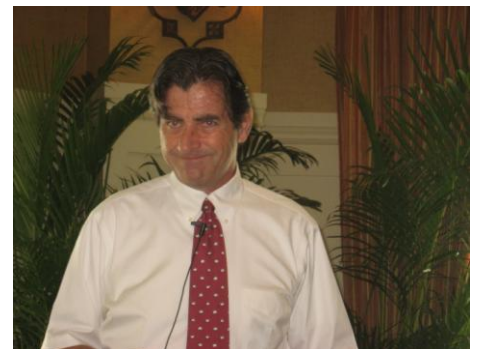


Dr. Doghramji from Jefferson Sleep Disorders Center in Philadelphia,

gave a lecture on sleep-related changes in psychiatric disorders, including mood, anxiety, and psychotic disorders.

In addition, he spoke about the management when medications and substances alter these findings. Dr. Doghramji also discussed psychiatric disorders that are comorbid with commonly encountered sleep disorders such as sleep apnea, and restless leg syndrome and the methods of management in the clinical setting.

Kevin Gleeson MD



Dr. Gleeson, of the Hershey Medical Center in Pennsylvania, gave a presentation on the cardiovascular consequences of obstructive sleep apnea and how OSA might cause cardiovascular complications.

He also reviewed what is known about the association of cardiovascular disease with OSA.

Anoop Karrippot MD



Dr Karrippot gave a lecture on disturbed sleep in children and how to recognize normal and abnormal sleep in children. The lecture included how to diagnose and manage sleep apnea and other primary sleep disorders in children and the options for treatment of these sleep disorders.

Michael Grandner PhD



Dr. Grandner is from the University of Pennsylvania. He discussed the history and development of Behavioral Sleep Medicine (BSM), the underlying theory behind Cognitive Behavior Therapy for Insomnia (CBT-I), and research findings of the efficacy and effectiveness of CBT-I.

Member Feedback from the 2010 Meeting

by Michael Grandner PhD

During the meeting this past year, the membership in attendance was asked to complete a survey regarding their background, as well as their thoughts and hopes for the PSS. 101 participants completed surveys. Below is a summary of that feedback.

Demographics

The average age of attendees was 47, and about 2/3 of those in attendance (66%) was female.

73% of attendees were hospital-based, 18% were based at a college or university, and 9% were based at a free-standing location. 55% work for a non-profit.

The training background of the group was diverse, with 8.72% of the group having an MD or DO. 1% of attendees were dentists (DMD/DDS). 33% were RPSGTs, and 18% were RRTs or CRTs. 3% Had an Associates Degree, 17% had a Bachelor's, 3% had Master's degrees. 68% had a license treat patients.

51% were members of the AAST, and 22% were AASM members.

29% identified themselves as a "technician" and 33% identified

themselves as a "polysomnographer." 20% identified themselves as a "clinician" and 13% identified themselves as a "doctor." 4% identified themselves as a "researcher."

Role of the PSS

48% of respondents looked forward to our regular newsletter, 55% wanted quarterly emails, and 51% wanted email alerts.

80% expressed interest in online job postings, 37% expressed interest in online resume posting, and 69% looked forward to opportunities for connecting with other labs.

When asked for suggestions for other member benefits, the most common suggestions included online educational opportunities and other CEU offerings, more social gatherings, and an online forum.

The most common legislative issues that were on respondents' radar were licensure for sleep techs, insurance reimbursement, and safety interventions for commercial drivers and shift workers.

56% of respondents indicated that they were willing to volunteer time for the PSS. and 10% indicated an interest in joining the Board in the future.

Member Participation

A number of respondents reported interest in joining committees (the most popular being Membership and Education / Meeting Planning). All those that included their name or contact information were followed up on; however, most did not include this information.

3 respondents were willing to help with the website, 6 with the newsletter, 7 with legislative issues, and 14 with meeting planning. Those that included contact info were followed up on, though most did not include this information.

The Meeting

Regarding meeting location, over 81% of attendees wanted the next meeting to be in Hershey, but a substantial number suggested other locations, including the Philadelphia area and other parts of PA. Most respondents were happy with the meeting being in the Spring (early

May). 94% indicated that they liked the idea of keeping at the same time each year.

Several future topics were suggested. The most popular were Aging and Sleep, Difficult Patients, Reimbursement Issues, Actigraphy, and Sleep Scoring in Different Age Groups.

The most common negative comments about the meeting were that the room was too warm, more vendors would have been preferred, and that CEU certificates should be available at the event.

Stay Tuned...

In the next issue of the newsletter, we will provide a report on all of the meeting feedback obtained by Penn State Hershey regarding ratings and suggestions.

Accreditation and Re-Accreditation: Hurdles and Challenges

by Michael Misero RPSGT

The most common accreditation for sleep centers is through the AASM. There are starting to be additional accrediting agencies such as The Joint Commission, The Compliance Team and Accreditation Committee for Health Care who are offering their own sleep center accreditations. In our practices we had always pursued the AASM accreditation process.

There are pros and cons to every accrediting organization and process. We recently started upon the re-accreditation process for one of our locations. We looked at and spoke with some of the other accrediting groups to determine if it made sense to pursue an alternate or additional accreditation. After some consideration we determined that remaining with the AASM was our best option because we felt that they had the most well developed and established sleep center accreditation process.

For those of you who haven't been through an accreditation process it can be a trying and time consuming endeavor. Even having successfully accredited and re-accredited many times there are still always policies or procedures that come up that needed to be modified or altered to make sure they are still within the current recommendations and

practice parameters of the AASM. Five years goes by between accreditations and much can change in sleep medicine in that amount of time.



To highlight some changes, differences and pitfalls that we have experienced as we go through this process again:

Online Format

The process has now gone to an online format. This actually has seemed to make things flow more smoothly but be prepared with a scanner and good file naming system so that you don't get things confused.

With several doctors and an 8 bed center the documentation for all the staff can get confusing. The step by step on screen checklist is helpful to breakdown what can be a daunting task.

Registration

The AASM has put an emphasis on having ALL technicians on a track towards registry. You must show documentation of the training that they have had and if they aren't registered proof that they are in process of taking courses or A-Step modules.

Continuing Education

CEUs for technicians are highly important even for those techs that are not currently registered. They want to see documentation of technicians having at least 10 CEU's per year over the prior 3 years. Barring that you need to have a plan in place on how your techs will receive those credits. ** Shameless plug: PSS offers a terrific program each spring that allows techs a low cost way to get up to 6 CEU hours!

Floor Plans

These are highly important and must be labeled properly. Some older facilities might not have these readily available. If not speak to the hospital facilities department, the practice manager or the landlord

before going out and hiring an architect.

Protocols

Many protocols are closely scrutinized including MSLT, CPAP/BiLevel, Split Night and Emergency Protocols. Emergency Protocols must address Psychiatric/suicidal situations, weather emergencies, belligerent patients, and bomb threats. For testing protocols use the published practice parameters as your best guide. AASM is really just looking for your program to be following these guidelines. The difficulty being if your medical director does not 100% agree with some of the consensus statements.

improve by going through the accreditation. As insurance providers continue to refine their policies and credentialing it will be highly important to have a recognized accreditation to ensure your program is of the highest standard and worthy of proper reimbursement levels.

Quality Assurance

QA program and report is highly important. Interscorer results are looked at closely. We have adopted the new ISR from the AASM as part of our procedure. While the interface is still not perfect they are continuing to improve it and you do get a sense of where your center stands in comparison to averages from across the country. This is a feature that we weren't able to get with our own internal ISR program. Also, if your program has begun to utilize portable monitoring, failure rates need to be a part of your QA listings.

Conclusions

Every program's experiences are going to be slightly different in going through this process. Despite the difficulties we always find we are able to continue to refine and

PA Sleep Society Committees

by the PSS Board of Directors

This year, the PA Sleep society has formed its first committees to deal with the many issues involved with running an organization. The Board of Directors initially set up 4 committees, which meet independently and report to the Board monthly.

Volunteers for these committees are sorely needed, and we hope that any member looking to contribute gets in contact with the chair of the committee they are interested in joining. If you have previously expressed interest and have not been contacted, please contact committees@pasleep.org.

Below is a report from the committees:

Membership

**Chair: Susan Swoyer McAtee
BS RPSGT**

We currently have 217 members.

Soon, all members will receive a certificate upon membership sent to them indicating their membership in the PSS, with their name, member number and when they joined.

We are still forming the membership committee so please contact Susan McAtee at smneuro@gmail.com if you would like to volunteer.

Education and Meeting Planning

**Chair: Patricia Quinn-Dempsey
REEGT REPT RPSGT**

Planning is underway for the 2011 Meeting. For more information, see the announcement later in the newsletter. We have booked the Hershey Lodge for the first weekend in May for 2011. This will be a very busy weekend, since this is when Hershey Park will officially open for the season. So make sure you reserve your room soon!

In addition to booking the location, we have finalized a contract with penn State Hershey, who will again be handling our continuing education issues.

We are currently assembling the program and are looking for speakers and ideas for topics. If you have any input, it would be welcome. Also, if there are any speakers that you may be able to reach out to, contact the committee and we can send a formal invitation to be a speaker.

We are also doing our best to keep costs low for attendees. The best way to do this will be through increased participation by vendors. So if you have any contacts with potential sponsors or exhibitors,

reach out to them and let them know about our meeting.

We are looking forward to a productive and exciting meeting on May 7.

Current members include Patricia Quinn-Dempsey REEGT REPT RPSGT (Chair), Jayant Acharya MD, Michael Grandner PhD, Linda Holsing, and Violet Long REEGT REPT RPSGT.

Communications

Chair: Michael Grandner PhD

The first thing to point out is that the Communications Committee, with the help of the Board of Directors, has published the first issue of the PSS Newsletter! We hope that the membership finds the newsletter informative and helpful.

Members may also notice that there has been a complete total overhaul of the PSS website. This overhaul has simplified the website's presentation and navigation, as well as improved its compliance with display standards for mobile devices. Also, the front page has been seeded with RSS feeds from the three major governing bodies in Sleep (AASM, AAST and AADSM). Finally, our own news updates will be presented in an RSS format that any users or members can subscribe to and have delivered to

their email, mobile device, or RSS reader of their choice.

Join a Committee!

Finally, the PSS has integrated their membership database with Constant Contact, an email management platform for delivering member updates. We hope that this new format helps members stay connected. Current members include Michael Grandner PhD (Chair) and Jason Herndon.

If you are willing to contribute some time and effort, please join a committee. If you are interested, contact committees@pasleep.org.

Legislation and Government Affairs

Chair: Michael Misero RPSGT

Part of the mission of the PA Sleep Society Government Affairs committee is to identify areas of policy and law at the state level that might have an effect on the practice of the field of sleep medicine. Our current activities surround issues such as sleep tech licensure, support of efforts such as "Sleep Apnea Awareness Month" and "Teen Driver Safety Week", contact with legislators to raise awareness of the PA Sleep Society and our missions and goals. We also are on a mission of outreach to the government affairs committees of the surrounding states as well as the PA Respiratory Society. We would like to conduct polls of the membership as we begin to get some additional traction on key issues such as sleep tech licensure so we can determine what the membership feels are priorities to pursue.

Current committee members are as follows: Michael Misero RPSGT (Chair), Karl Doghramji MD, Don Fahey RPSGT, Stan Feinberg MD, Violet Long REEGT REPT RPSGT, and Ann McKnight RPSGT.

Preparing for the PSS 2011 Meeting

by Michael Grandner PhD

The 2011 meeting is fast approaching, and now is the time to start thinking about plans for May. The Education and Meeting Planning Committee has been hard at work planning the meeting.

Here is a run-down of information you should know:

When and Where

The meeting will be held on **Saturday, May 7, 2011** in Hershey, PA. We chose to stay in Hershey due to its central location in the state, and the expressed preferences of the membership.

Last year, the meeting was held at the Hershey Country Club, but since we have grown, we will now hold the meeting right at the Hershey Lodge.



Like last year, this will be a 1-day event, with one main meeting room, a room for exhibitors, a hall for breaks, and a separate room for lunch.



Book a Room



We have reserved a room rate of \$159 for the meeting at the Hershey Lodge. Make sure to book your room as soon as possible! Call the Hershey Lodge at **(717) 533-3311**.

May 7 is also the official opening weekend for Hershey Park, so we expect that the Lodge will be sold out quickly.

Because of this, they are only holding 30 guaranteed rooms for our group. Once we reach 30 rooms, it will be on a first-come, first-served basis. They have agreed,

however, to honor our negotiated room rate, no matter how full the Lodge becomes.

Stay Tuned

Stay tuned in future Newsletters and Member Updates for information about the 2011 meeting. And, as always, you can stay up to date on the website:

<http://www.pasleep.org>



